



LAST
EIGHT
PERCENT

CHRISTINA OLEX

IHHP FACILITATOR



ABOUT CHRIS

Chris' designations: ACC Certified Coach, Certified 'Dare To Lead' Facilitator, Bachelor Degree in Psychology from Bradley University

Chris is in her 24th year as a Corporate Trainer and Facilitator specializing in team and personal development.

Chris holds a Bachelor's Degree in Psychology from Bradley University in Organizational Behavior and Leadership. She has devoted her entire career to the development of human potential.

Relying on experience gained from all aspects of the training process, Chris works with a wide range of clients and organizations all over the globe to deliver professional programs ranging from five people to 500. Her infectious energy and relentless curiosity push participants to want to learn more.

Chris is passionate about self-learning and uses a variety of tools to help her participants do just that. Learners value Chris' ability to make them feel comfortable opening up and sharing more freely, to take meaningful insights away from the experience. Chris is a great storyteller, able to bring the abstract concepts in her courses to life through real-world examples.

Throughout her career, Chris has partnered with training companies like the Institute for Health and Human Potential to deliver powerful team programs. Her international client list includes: Pfizer, Con-Edison, Colgate-Palmolive, Fidelity, Harvard Business School and Northern Trust Bank.

CHRIS' CLIENT ROSTER



Harvard
Business
School



NORTHERN
TRUST



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Chris is passionate and energetic. In her personal life, she loves to run every day, regardless of the weather, mood or schedule. Her commitment to running has already taken her to a streak of 1,700 days, with no end in sight. She hopes to one day reach 10,000 or more days of running in a row.

Chris' favorite quote: **"How you do anything is how you do everything"** ~ Martha Beck

WHAT CHRIS' CLIENTS SAY

I would like to take this opportunity to thank Chris Olex and your institute for giving me the great opportunity to assess and improve my personal leadership qualities.

This training came at a critical juncture in my life when I was feeling that I was working beyond expectations and not feeling worthy. Chris did an excellent job of communicating the information and keeping our interests. It gave me a renewed spirit and more confidence as a leader.

Chris was a big hit with our leaders and we are excited about the impact this program will have on our culture. It was a pleasure working with Chris and we are thrilled to have her come back to deliver more programs.

Chris Olex is exceptional! She captivates an audience with her pure energy and sincerity. Her delivery of content inspires learning, meaningful self reflection and development, laughter, participation and memorable take-aways that make a positive difference in employee performance!"

